

## TOOLBOX TALK 13/60

DATE:

TOPIC: FALLING/FLYING OBJECTS

OBJECTIVE: TO ENSURE WORKERS AVOID A  
"STRUCK BY" ACCIDENT



*Easiest way to conduct and document  
your safety meetings!*

### → Some things to know before you give your talk:



Talk to your crew about what it would take to avoid a "struck by" accident. Ask them if they think it is a case of being mentally alert enough so that when an object flies through the air they can jump out of the way in time.

### → Have the crew do a little thinking



If you are in the line of a flying hammer traveling 5.48m per second and take you point of a second to react, then you have to be more than 4.26m away to have time to jump clear. Struck by accidents are not prevented by being ready to jump or duck.



The type of alertness needed is that which will cause a person to think the job through, expect that things may fly and take a position so that if they do, they will not be in the line of fire!

### → Tell them that if they have to do some work where they may be struck, they should protect themselves. Especially:

- Their heads with a hard hat
- Their eyes with suitable eye protection
- Their hands with gloves
- Their feet with safety shoes, and
- Always use equipment that is clean and in a good working condition

### → Try this for show and tell!



Have the group list the various pieces of equipment used in sports to prevent being struck by.

### → Try this for show and tell!

- ? Can an alert person with reasonably fast reflexes get out of the way of a flying or falling object?
- ? What objects can fly or fall to strike us at our work?
- ? What equipment could you be struck by and how do you avoid this hazard?
- ? Has anyone ever had an accident, or know of one involving being struck by something?

